

# **Senior Center Day Trips**

Senior centers often organize day trips to provide older adults with opportunities for socialization, recreation, and learning.

Popular options for senior center day trips include:

Restaurants for lunch

Foxwoods Casino

Bloom Bus Tours – Day Trips to Maine, New Hampshire, Newport, Boston etc.

All trips are posted in our monthly newsletter and also a flyer will be hung up on the senior center bulletin board. All restaurant trips will require signing up on the Kiosk in the front hallway. All trips are on a “first come, first served” basis.